

Suicide Prevention Training

Free and Open to the Public

Question, Persuade, Refer (QPR) teaches 3 simple steps anyone can learn to help save a life. Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade and refer someone for help.

Friday, October 19

12:30 – 2:30

Concord Council on Aging

Harvey Wheeler Community Center

1276 Main Street

Concord, MA

By taking QPR training you will learn to:

- Recognize the warning signs of suicide
- Know how to offer hope
- Know how to get help and save a life

This training is presented by Riverside Trauma Center, a service of Riverside Community Care, and is appropriate for everyone. You never know when you may be called upon to help. Please join us in saying YES to saving the life of a friend, colleague, child, sibling, or neighbor.

Please RSVP to 978-318-3020

Sponsored by Minuteman Senior Services, in collaboration with the Concord Council on Aging and Riverside Trauma Center, a service of Riverside Community Care. This project is funded through CHNA15 DoN funds from Lahey Hospital and Medical Center and Winchester Hospital

