



# The SHINE Program

**The SHINE Program provides free health insurance information, counseling, and assistance to Massachusetts Medicare beneficiaries and their caregivers. Minuteman Senior Services provides SHINE counseling in our 16 town service area, as well as in Somerville and Cambridge.**

**SHINE** is administered by the Massachusetts Executive Office of Elder Affairs in partnership with Minuteman Senior Services, and is a volunteer-based program.

**SHINE** counselors are extensively trained and re-certified annually by the Executive Office of Elder Affairs. Services are available to Massachusetts residents for assistance with; Medicare Parts A&B, Medicare Advantage Plans, Medicare Prescription Drug Coverage (Medicare Part D), Medicare Supplement Plans, MassHealth and various public assistance programs for people with limited resources. Counselors are hosted at Councils on Aging, hospitals and other community settings.

## **SHINE counselors can:**

- **Help Medicare beneficiaries, family members and their caregivers navigate available health insurance options, including prescription and dental coverage.**
- **Simplify the language and explain how the components work.**
- **Compare costs and benefits of options available**
- **Refer those with limited resources to public benefits programs**

SHINE is a program of Minuteman Senior Services and is partially funded by the federal Administration for Community Living with local funding provided by Winchester Hospital and Lahey Hospital and Medical Center, Cummings Foundation, Dana Home Foundation, Acton-Boxborough United Way, Concord-Carlisle Community Chest, Maynard Community Chest, Stow Community Chest and private donations.



**Contact your local Council on Aging or  
the Minuteman Senior Services SHINE Program at 781-221-7029**

*Interpreter Services Available*

*Last Updated 01/22*