

Our Services

- FREE Information & Referral
- Care Management for Everyone
- Caregiver Support & Respite
- *Minuteman By Your Side*, Private Care Management
- Meals on Wheels
- Senior Dining Sites
- In-Home Services
Personal Care, Laundry, Grocery Shopping and More
- Elder Protective Services
- Options Counseling
- Care Transitions Support
- SHINE Medicare Counseling
- Bill Paying Assistance
- Healthy Living Programs
- Nursing Home Ombudsman
- Legal Services
- Volunteer Opportunities

We are your
Aging Information Center.
Contact us today.



Please help us help others.
We depend on the generosity of individuals and businesses to achieve our mission. There are many ways you can help, from making a cash donation today to remembering us in your future gift planning. Contact us today!

888-222-6171

Minuteman Senior Services
26 Crosby Drive
Bedford, MA 01730
www.minutemansenior.org

MassRelay: 711
or 1-800-439-2370 (TTY/ASC11)

1-800-AGE-INFO
800AGEINFO.COM



Minuteman

SENIOR SERVICES



Know us before you need us.

Home, Sweet Home 

Home, Sweet Home 

Home, Sweet Home 

We can empower you to live and age with dignity—safe, healthy, independent.

With more than 40 years of experience serving seniors, disabled adults and caregivers, Minuteman Senior Services knows how to help you find the help you need when and where you need it. Our goal is to empower you to meet the challenges of aging, disability and caregiving head on—with information, assistance and support—so you can stay in control of your life and make informed choices.

We simplify the system.

Just think of us as a “one stop resource.” One call can lead you to information about in-home and residential care options, caregiver support, public benefits, health insurance and prescription drug coverage, and much more. We explain the details so that you understand your options. Our goal is to bring you peace of mind by helping you find solutions to everyday issues.



We offer practical and affordable solutions.

As a non-profit organization we are driven by our mission to help you connect with resources that fit within your means. Depending on your circumstances, many of our services are free, others are available on a sliding fee scale or on a fee basis. Our programs are funded in part by the Massachusetts Executive Office of Elder Affairs and the Older Americans Act.

Our staff are knowledgeable, compassionate, and responsive to your needs and concerns.

Whether you are contacting us for yourself or someone close to you, we will do our best to help you by bringing our expertise to your home and community. You can count on us—we care about you and want you to feel at ease contacting us as your needs change.

We have a solid reputation for excellence.

The people who use our services and our professional colleagues give us top marks for delivering high quality services. We work closely with primary care physicians, hospitals, home health agencies, transportation providers, councils on aging, senior centers, assisted living and long-term care facilities, and others so whether you are seeking one-time assistance or ongoing support we can connect you with the right information and the right people.

We have local, statewide, and national resources.

Whether you are looking for help in your community or anywhere across the country, we can help. Information is free and just a phone call or email away. Our primary service area is:

Acton
Arlington
Bedford
Boxborough
Burlington
Carlisle
Concord
Harvard
Lexington
Lincoln
Littleton
Maynard
Stow
Wilmington
Winchester
Woburn

