



Are
you
looking for
solutions to
the challenges of
aging, disability or
caregiving?

Minuteman
Can Help.

Minuteman
By Your Side



**Private Care
Management Services**

Options for everyday life.

Our Care Managers are Problem-Solvers

who can provide you with access to a wide range of resources and decision support. The conversation begins with a free consultation and we always discuss a budget up front so that you know what services will cost. We inform you of any free or low-cost services available as well.



Choose the option that is right for you!

You may contract with us on an hourly basis or choose one of our packages:

Home Safe Home: *Prevent Falls and Accidents*

- A detailed evaluation of your home (inside and out) will identify areas that present risks to your safety.
- You receive personalized recommendations and resources to keep your home safe.

Planning Ahead: *Your Life Your Way*

Keeping your personal goals in mind, an in-depth assessment will identify your strengths and challenges to independent living including:

- Your ability to manage activities such as personal care, home safety, nutrition, medications and medical appointments, transportation and social activities.
- Your current housing arrangements and care providers—are they meeting your needs now? How about future needs?
- You receive personalized recommendations, resources and next steps to help you reach your goals.

For more information please contact us toll free at 8

Caregiver Empowerment Package:

We are Here for You!

Whether you live locally or at a distance, our Care Managers provide support, education and coaching, and can be your eyes and ears when you can't be there.

We can:

- Manage tasks like finding respite care, hiring home care workers.
- Monitor care during a medical crisis or other transition.
- Facilitate family meetings and agreements.
- Evaluate residential options and manage the move.

Successful Transitions Package:

Hospital to Home, Relocation or other Event

- We can be *by your side* through a hospitalization, rehab stay and transition home.
- We can arrange home care, food, medication and equipment and accompany you to appointments.
- Looking for a new home? Is assisted living right for you? We can help you evaluate the pros, cons and costs, take care of all moving logistics, and set up your new home for maximum independence.

Services for Professionals Also Available

We work with elder law attorneys, trustees, guardians and health care professionals to holistically manage all the details of a person's care.

"I have only glowing reports about my care manager! She grasps the situation, helps me make a plan and finds solutions I never would have found on my own."



Five benefits of working with our Private Care Managers:

- We give you and your family peace of mind
- We provide easy access to quality care options
- We offer increased oversight for families at a distance
- We decrease preventable hospitalizations
- We help save you money on care costs

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*"My care manager
has taken a lot of the
pressure off me. She is
remarkable!"*

Minuteman
Senior Services

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Celebrating over 40 years of service