



Minuteman By Your Side

Private Pay Care Management Services

Personalized Care, Effective Solutions

Minuteman By Your Side:

- Is a private pay care management service for **seniors, disabled adults 18 years of age and older** and **family caregivers** who live locally or long distant
- Provides Care Managers that are experienced and credentialed **licensed clinical social workers**
- Is available for **short or long-term involvement**
- Offers a **free initial phone consultation** to discuss care options based on the consumer's needs.

Tasks *Minuteman By Your Side* Care Managers Provide but are not Limited to:

1. Listen to your priorities and goals, assess needs, research care options, gain agreement on a plan
2. Take action, set up services, stabilize the situation and provide a feeling of reassurance now that you have a professional trusted experienced guide by your side.
3. Make home visits on a daily, weekly, monthly basis as desired
4. Support family caregivers (emotional, decision-making, and communication support)
5. Introduce services into the home in a way that helps to reduce resistance and increase acceptance
6. Facilitate family meetings to help reach an agreement when there are various points of view
7. Assist with medical appointments (schedule appointments, accompany and transport the consumer to appointments, advocate, and help communicate back to family as appropriate)
8. Assist with relocation or housing issues including researching options, visiting sites, managing the move, and creating community connections in the new environment as desired
9. Advocate and coordinate care transition plans from hospital to rehab and back home ensuring safe and strong recoveries
10. Provide short- and long-term plans to increase understanding of options and use family resources wisely

Interpreter Services Available

Last Updated 01/22

Why Minuteman Senior Services?

- Minuteman has made a commitment to affordability and is able to offer care management services less than market rate. We screen for state and federal programs and benefits first and provide a budget estimate for full transparency.
- We offer conflict-free care management as we have no ownership in direct service providers.
- Our services are available to people already receiving services from Minuteman who want more help or people who are new to Minuteman.

When an inquiry is made about *Minuteman By Your Side*, you can expect:

1. A follow up call within one business day
2. Team member to listen to your situation, needs and answer your questions
3. If interested in enrolling in *Minuteman By Your Side*, a service contract and budget estimate for the first 2 months will be sent for your review.
4. Upon receiving the signed contract, the *Minuteman By Your Side* Care Manager will contact you to begin working together.

**To learn more about
Minuteman By Your Side Private Pay Care Management Services,
please call Leslie May-Chibani at 781-221-7096
or l.may-chibani@minutemansenior.org**