



Minuteman

SENIOR SERVICES

Annual Report
2018-2019

26 Crosby Drive, Bedford, MA 01730
www.minutemansenior.org • 888-222-6171

Sowing the Seeds for the Future

Autumn brings with it a reflection on the previous year and planning for the year ahead. Summer temperatures cool, children begin a new school year, and we look forward to our native fall crops of corn, pumpkins, and apples. What once started as a seed has been nurtured, protected, and cultivated into a harvest both for this season and those to come.

Like that seedling, this past year at Minuteman Senior Services has been about protecting and strengthening our core programs, nurturing existing relationships, and investing in resources necessary to support the growing demographic of seniors, persons with disabilities, and caregivers in need. We are proud of our accomplishments and know that these efforts will yield impact for many years:

Planning for the Future As an organization, it is vital that we continuously assess our goals and their alignment with our vision for the future. We have created a three-year strategic plan that leverages our resources most effectively in an ever-changing environment and re-establishes our core values.

Building our Value We often hear stories about how our services affect the lives of individuals and families, and we have been exploring innovative ways to improve consumer health and have a broader impact in the community. We have enhanced our *Meals on Wheels* program by launching technology that can more effectively monitor changes in condition noted during meal delivery; we have expanded our caregiver program to identify the red flags of depression; and we have developed measures to reflect the impact of Medicare health insurance counseling on social health factors, including taking medications as prescribed.

Cultivating Relationships We highlighted the work of our partners during our Annual Meeting by reflecting on the impact of these relationships. We expanded our efforts to improve staff health and wellness by offering programs like meditation, trainings on financial health, and more opportunities for social connection. And we hosted our first “Neighbors on Tap” event to cultivate new donor relationships.

Leveraging Technology We made important investments that ensure the protection of health information across our systems. These efforts help us minimize manual functions by updating and standardizing systems, with a primary goal of enhancing the productivity of our most valuable resource - our staff.

Much like tending to a harvest, our achievements have been a collective effort, working together with our employees, volunteers, Board of Directors, donors, and community partners to meet a common goal. This would not be possible without the support of so many who believe in our mission and we thank you for your generosity and support. Your deeds help sow the seeds.



If your vision is for a year, plant wheat. If your vision is for ten years, plant trees. If your vision is for a lifetime, plant people.

- Chinese Proverb



“We are quickly getting the services we need. Minuteman is a real asset to our community.”

Kelly Magee Wright, Executive Director
Vito LaMura, Board President

"We need the SHINE Health Benefits Counseling program and people like Peggy to help older Americans. With her help I was able to choose services which most closely met my medical needs."

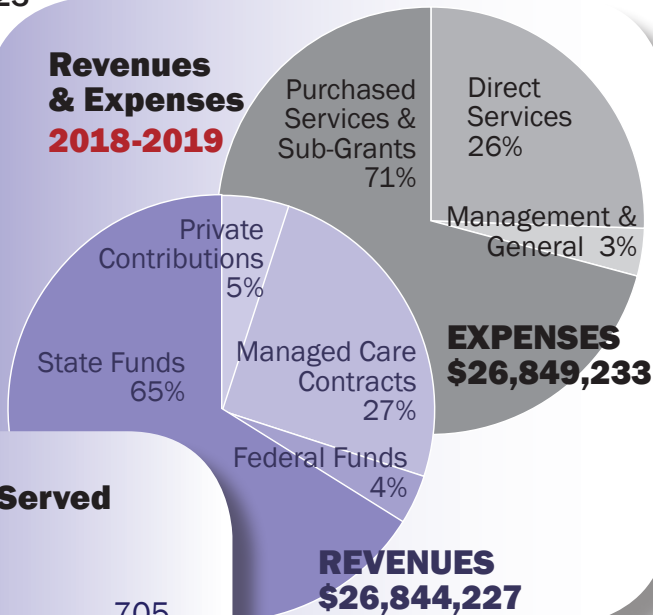
People Served by Program 2018-2019

Home Care/Care Management.....	2,935
Caregiver Support & Options Counseling	1,933
SHINE Health Benefits Counseling	3,982
Protective Services.....	1,009
Money Management.....	59
Meals On Wheels & Senior Dining.....	2,342
Nursing Home Ombudsman	2,856
Healthy Living Workshops.....	163
Legal Services.....	190
Transportation.....	519
Nursing Assessments	1,284
Information & Referral Calls.....	9,823



"Thank you for the meal delivery that helped my dad live independently until the age of 100. During visits, the volunteer driver kept track of Dad's well-being, and let others know if something was amiss. He was truly a Godsend."

Revenues & Expenses 2018-2019



Individuals & Families Served by Town 2018-2019

Acton 1,540	Lincoln 705
Arlington..... 4,092	Littleton..... 990
Bedford 2,118	Maynard..... 747
Boxborough..... 239	Stow 446
Burlington 2,227	Wilmington... 1,591
Carlisle 350	Winchester... 1,630
Concord..... 1,817	Woburn 3,603
Harvard 342	Other 1,457
Lexington 3,037	



"My doctor was delighted to hear that I enrolled in the Chronic Disease Self-Management class. I feel so much better prepared to deal with my current situation and whatever it morphs into."

Minuteman
SENIOR SERVICES



Find us on 



Our mission is to help seniors and people with disabilities live in the setting of their choice by engaging community resources and supporting caregivers.



Minuteman

SENIOR SERVICES

Annual Report
2018-2019

26 Crosby Drive, Bedford, MA 01730
www.minutemansenior.org • 888-222-6171

We are grateful to the people and organizations whose generosity has helped us make a difference in the lives of those we serve. Programs are funded in part through contracts with the Massachusetts Executive Office of Elder Affairs and contributions from local city and town governments. Since public funding has not kept pace with the growing needs of seniors and people with disabilities, we actively solicit private financial support. In addition to the organizations and businesses listed below, we receive hundreds of donations from individuals each year, including gifts in memory of or in celebration of a loved one.

Board Members

Vito LaMura, *President*, Bedford
Mary Beth Coyne, *Vice-President*, Maynard
Lou Conrad, *Treasurer*, Concord
Allan Morgan, *Assistant Treasurer*, Bedford
Laurie Pass, *Clerk*, Woburn
Jacqueline Friedman, Acton
William Taylor, Acton
Diane Connor, Arlington
Catharyn Gildesgame, Arlington
Marjorie Vanderhill, Arlington

Donna O'Brien, Burlington
Sally Hayen, Carlisle
Margaret Hoag, Concord
Diana Bishop, Lexington
Gary Fallick, Lexington
Wendy Kusik, Lincoln
Susan Matatia, Stow
Christine Murphy, Wilmington
Margaret McIndoe, Winchester

Community Chest and United Way Support



Foundation & Grant Support

AmazonSmile Foundation
Bob's Discount Furniture Charitable Foundation
Charles E. Bigelow Fund
Charles F. Bacon Trust
Community Health Network Area 15 (CHNA15)
Cummings Foundation
Dana Home Foundation
Enbridge

Foundation for MetroWest
Henderson Foundation
Katharine C. Pierce Trust
Massachusetts Dept. of Workforce Development
Meals On Wheels America
Northern Bank & Trust Charitable Foundation
Slaggie Family Foundation
TD Charitable Foundation

Business and Community Partners Contributing Financial or In-Kind Support

ABC Home & Healthcare Professionals
Acton Nursing Services
Amundi Pioneer
Anew Health
Arlington Friends of the Drama
Artis Senior Living of Lexington
ArtsEmerson: The World On Stage
As Good As It Gets Cafe
Associated Home Care
Bayada Home Health Care
Bayside Resort
Be Safer At Home
Belkin Lookout Farm
Berkshire Mountain Distillers, Inc.
Bernie & Phyl's Furniture
Bertucci's Brick Oven Pizzeria
Best Choice Products
Best Home Care
Blue Man Group
Blue Ribbon Barbecue
Boda Borg
Boston Bruins
Boston College Athletics
Boston Marriott Newton Hotel
Boston Red Sox
Boston Tea Party Ships & Museum
Brooklyn Botanic Garden
Burlington Veterinary Hospital
Cambridge Savings Bank
Cambridge School of Culinary Arts
Catch A Falling Star
The Charles Hotel
Charles River Canoe & Kayak
Charles Riverboat Co., Inc.
Charm Medical Supply
The Cheesecake Factory
Clark's Trading Post
Comella's Restaurant
Concord Museum
Conway Scenic Railroad
Costco
Crafty Yankee
Dan Doke Fine Arts Portraits
Daniel Dennis & Company LLC
DeCordova Sculpture Park & Museum
Discovery Museums
Eckel, Hoag, Morgan & O'Connor
EcoTarium
Embassy Suites by Hilton Boston/Waltham
Enbridge
Enterprise Bank
Essential Therapies Day Spa
Essex River Cruises & Charters
Evergreen Adult Day Health Center
Filho's Great Road
Fine Arts Theatre Place
5 Wits
FLOAT
Foxwoods Casino
The Gamm Theatre
Gibbet Hill Grill
Ginger Japanese Restaurant
Gould's
Great NH Restaurants
Greater Boston Patient Care
The Green's Grille & Pub
Handel and Haydn Society
Harrows Chicken Pies
Hawthorne Hotel
Healthy Living Center of Excellence
Historic Deerfield, Inc.
How's Work, Inc.
HUB International
Huntington Theatre Company
Hy-Line Cruises
Improv Boston
Inns & Spa at Mill Falls
International Tennis Hall of Fame
Isabella Stewart Gardner Museum
Jam Time
Jillian's/Lucky Strike Boston
JFK Presidential Library and Museum
Keurig, Inc.
Kimball Farm
Kings Burlington
Kowloon
La Gondola
Larz Anderson Auto Museum
Laugh Boston
Launch Trampoline Park
Legal Seafoods
Lowell Spinners
The Lyric Stage Company of Boston
Mansion House Inn & Health Club
Mass Audubon
MASS MoCA
Mentor Adult Day Health Center
Merrimack Repertory Theatre
Metropolitan Home Health Services, Inc.
Middlesex Savings Bank
Minute Women Home Care
Mohegan Sun
Monster Energy Company
Moonstones
Nashoba Brook Bakery
Natale Company & SafetyCare
New England Wild Flower Society
New Repertory Theatre
Newport Mansions
Norman Rockwell Museum
North Country Rivers Maine
North Shore Music Theatre
One Stop Clothing
One Stop Fun
Oriental Trading Company
Pacific Park
Partners HealthCare at Home
Pats Peak
Peabody Essex Museum
Peoplefit
Picaboo
Pine Knoll Nursing Center
Polkadog Bakery
Portland Sea Dogs
Providence Bruins
Puppet Showplace Theater
Quannapowitt Players, Inc.
Reagle Music Theatre
Right at Home
Roche Bros. Supermarkets, Inc.
Rose Fitzgerald Kennedy Greenway
Seacoast Repertory Theatre
Seekonk Speedway
Sharper Edge Skating School
SkateKendall
Ski Boston
Skin to Soul
Southwick's Zoo
SpeakEasy Stage Company
SpringHill Suites by Marriott Peabody
Stonebridge at Burlington
Stop & Shop
Swan Boats
TD Bank
Tides Restaurant & Pub
Tower Hill Botanic Garden
Town of Bedford
Town of Lexington
Town of Maynard
Town of Wilmington
Town of Winchester
The Toy Shop of Concord
Trader Joe's of Arlington
Trustees of the Reservation
Vineyard Vines
Wachusett Mountain
Walt Disney World
Wegmans
Wilson Farm
Winchester Savings Bank
Woburn Bowladrome
York's Wild Kingdom
YourCause/Waters Corporation
Zdorovie Adult Day Health Center
Zorvino Vineyards