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We all appreciate the comforts of living in our own home.

And this doesn't change as people get older. At Minuteman Senior Services, we make that goal a reality for thousands of people each year. In fact, 3,357 people called our Information Center looking for assistance this past year alone.

For almost 50 years, Minuteman has been providing services that enable people to stay in their own homes. With your help, we have been able to meet the changing needs of older adults in Massachusetts.

Today, residents face increasing economic pressures, with inflation and the loss of enhanced pandemic supports. Far too many of our neighbors struggle with loneliness, hunger, and isolation. This year, our staff and volunteers delivered over 210,000 hot meals to homebound older adults—an increase of 20% over last year.

Your financial contribution makes a big difference.

Private donations provide emergency funds to older people for fuel, food and medications. Your donation also allows us to recruit, train, coordinate, and supervise over 600 volunteers who deliver Meals on Wheels, shop for groceries, and visit older people at risk for social isolation. I am appealing for your support so that we can continue to help the most vulnerable people in our communities.

Public funding has rarely kept pace with these growing needs.

We continue to depend on the financial support of hundreds of individuals, businesses and foundations to fill the gap.

With your support, Minuteman Senior Services will continue to address the changing needs of not only the baby boomer generation, but adults with disabilities of all ages and their caregivers, too, with an emphasis on healthy aging and prevention.

We are passionate about making the world a better place for all of us as we age, and we know you share this mission as well.

Thank you for enclosing your donation in the envelope provided (or online at www.MinutemanSenior.org) and for helping us pass the word about the myriad of services we offer.

Best,

Kelly Magee Wright **Executive Director**

Please turn this page over for more ways to help.