



You Can...



Receive Preventive Services through Medicare

Did you know that your Medicare Part B or your Medicare Advantage plan cover many preventive services? Medicare currently covers all of the preventive services listed below. Bring this list to your doctor and make sure that you are receiving all of the services you need and are entitled to. Some services may require a co-pay or a co-insurance.

Medicare-covered Preventive Service	Date You Had The Screening
Abdominal Aortic Aneurysm Screening	_____
Bone Mass Measurement	_____
Cardiovascular Screenings	_____
Colorectal Cancer Screenings	_____
Fecal Occult Blood Test	_____
Flexible Sigmoidoscopy	_____
Colonoscopy	_____
Barium Enema	_____
Diabetes Screenings	_____
Diabetes Self-management Training	_____
EKG Screening	_____
Flu Shots	_____
Glaucoma Tests	_____
Hepatitis B Shots	_____
Mammogram Screening	_____
Medical Nutrition Therapy Services	_____
Pap Test and Pelvic Exam (includes breast exam)	_____
Pneumococcal Shot	_____
Prostate Cancer Screenings	_____
Smoking Cessation (counseling to stop smoking)	_____

**Please refer to your *Medicare and You 2010 Handbook* for more details.
It pays to take care of yourself.**

For more information please contact:
Peg Mikkola, Healthy Aging Coordinator
Minuteman Senior Services
24 Third Avenue, Burlington, MA 01803
Toll-Free (888) 222-6171
www.minutemansenior.org